

## Benefits after seeking Physiotherapy treatment

### ✓ **Pain Management:**

Physiotherapy can help alleviate pain through techniques like manual therapy, exercise, and modalities such as ultrasound and electrical stimulation.

### ✓ **Recovery from Injury:**

Physiotherapy aids in the recovery process by promoting healing, reducing scar tissue, and restoring movement and function post-injury or surgery.

### ✓ **Enhanced Balance:**

Physiotherapy includes exercises that improve balance and coordination, reducing the risk of falls, especially in older adults.

### ✓ **Improved Posture:**

Addressing muscular imbalances and educating patients on proper ergonomics can significantly improve posture and reduce strain on the body.



## Book Your **Appointment**



+91 9040009068

+91 9338182207



facilities@margdarsi.org



www.margdarsi.org

### **Contact Us:**

#### **Campus Address:**

Chandaka ,  
Bhubaneswar-751024  
www.ihs.ac.in

#### **Corporate Address:**

N2/41, IRC Village,  
Nayapalli,  
Bhubaneswar-751015  
facilities@margdarsi.org



INSTITUTE OF HEALTH SCIENCES

AUTONOMOUS

"A Unit of Margdarsi"

# Physiotherapy

# Clinic

Improving your mobility, enhancing your life





# Welcome to Physiotherapy Clinic

- At physiotherapy clinic, our dedicated team of physiotherapists is committed to helping you achieve optimal health and well-being. Whether you're recovering from an injury, managing a chronic condition, or looking to improve your physical fitness, we're here to support you every step of the way.
- Our approach combines evidence-based practices with personalized care. We start with a comprehensive assessment to understand your unique needs and develop a customized treatment plan. Our goal is to alleviate pain, restore function, and improve your quality of life through hands-on therapy, exercise, and education.



## Our Clinics:



### Trauma Clinic

Comprehensive care for trauma recovery, ensuring healing and resilience.



### Arthritis Clinic

Expert care for arthritis, enhancing mobility and improving quality of life.



### Post Surgical Rehab Clinic

Specialized rehabilitation for post-surgery recovery, restoring strength and function.



### Lifestyle Disorder Clinic

Holistic care for lifestyle disorders, promoting healthy habits and well-being.



### Musculoskeletal Disorder Clinic

Advanced care for musculoskeletal disorders, alleviating pain and enhancing mobility.



### Obesity Clinic

Comprehensive support for obesity management, promoting long-term health and wellness.



## Why Choose us:



Benefit from our team's specialized expertise and advanced training in physiotherapy.



Receive tailored treatment plans designed to meet your unique health needs and goals.



Experience compassionate care in a supportive environment that prioritizes your well-being.



Access advanced technology and innovative techniques for superior treatment outcomes.



Trust our clinic's history of success in achieving positive outcomes for our patients.



Enjoy easy access to our centrally located clinic, designed for your convenience.